

# KONG-Stuffing Recipes

Dogs are natural foragers, making stuffed KONGs the perfect way to enrich your dog's life as well as provide them their meals in creative ways. **NOTE:** These are all best when frozen, because they last way longer! Just add a tablespoon of water to each recipe beforehand.

## Meal KONG

If your dog is prone to gobbling up their entire meal at the speed of light, you might consider feeding it to them in a KONG toy! Just fill the KONG with their normal amount of kibble or wet food.

## Elvis KONG

Mix or layer sliced or smashed bananas with peanut butter and bacon flavored treats for a treat fit for The King!

## Fruit Parfait

Mix or layer non-fat, sugar-free yogurt with a dog-safe fruit such as blueberries or bananas! Strawberries and apples are OK in small quantities - watch the sugar intake!

## Pumpkin Pie

Mix plain, canned pumpkin puree (not pumpkin pie mix) with smashed bananas and crumbled graham crackers!

## Thanksgiving Feast

Mix plain, mashed sweet potato with de-boned, unseasoned boiled or roasted chicken or turkey (canned is fine, but you may want to rinse the extra sodium off first). Add canned green beans and just a few cranberries - only if you know your dog likes them, they are tart!

## Cookies and Cream

Mash up your dog's favorite treat and combine with cream cheese and a tablespoon of water.

## Breakfast Burrito

This one is for the dog who loves everything. Mix some plain cottage cheese with kibble, crushed bacon-flavored treats, and either cheese powder or dog-friendly squeeze cheese (available at your local pet supply store).

## Baked Potato

Mashed plain or sweet potato can be mixed with crumbled bacon-flavored treats, a dollop of cream cheese and dog-friendly spray cheese for a yummy version of a baked potato! Sadly, no chives - everything in the onion and garlic family is toxic to dogs!

## Apple Cheesecake

Just like grandma used to make! Cream cheese, plain applesauce, and crushed graham crackers are all you need for this one!

## Pupperoni Pizza

Mix kibble and tiny pieces of Pupperoni (or a similar pepperoni-flavored dog treat) with dog-friendly spray cheese!

## Sensitive Tummy KONG

If your dog is prone to tummy aches, a KONG stuffed with boiled, de-boned chicken and cooked rice is a safe bet.